



# FERGUSON BASKETBALL PROGRAM

Get in touch

Brought to you by:  
**ACE ACADEMY**

INTRO  
BASKETBALL

## About ACE Academy

Our founder, Joseph Hemphill, established the program with the vision of guiding children through progressive training levels within the sport of basketball while empowering parents to nurture their children's abilities.

## Our Mission

To build a foundation for learning that will enable children to be life-long learners and to thrive in a dynamic world. Our team is dedicated to providing an inspiring and creative learning experience that encourages children to explore and learn.

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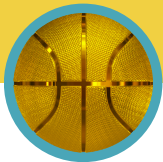
1050 Smith Ave  
Ferguson MO 63135

ENROLL YOUR CHILD  
TODAY



Achieving Athletics C Creating Confidence E Encouraging Excellence

## Our Learning Goals



### Session 1 (Week 1)

Coach/kid intros  
Basic dribbling  
Basic passing  
Cardio

### Session 2 (Week 2)

Cardio  
Short range shooting  
Layups  
Shooting forms

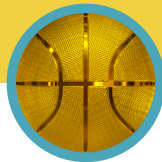
### Session 3 (Week 3)

Midway shooting  
3 point shooting  
Free throws

### Session 4 (Week 4)

Positions  
Rebounding  
3 man weave

## Our Learning Goals cont.



### Session 5 (Week 5)

Basic plays (offense)  
Screening  
1v1 face up  
Back door

### Session 6 (Week 6)

Basic plays (defense)  
Quick stance  
Push steps  
Closeouts

### Session 7 (Week 7)

Scrimaging ( 1v1, 2v2, 3v3,4v4, 5v5)

### Session 8 (Week 8)

Party/Pics  
Award ceremony (certifications)  
Open play



## Schedule

### TUESDAYS

**Kindergarten / 1st Grade**

530pm - 630pm

**2nd / 3rd Grade**

6:45pm - 7:45pm

### THURSDAYS

**4th / 5th Grade**

530pm - 630pm

**6th Grade**

6:45pm - 7:45pm

